



**Sung Poblete, RN, PhD, CEO of FARE**  
**May 11, 2023, remarks for the**  
**Food and Drug Administration (FDA) Pulmonary-Allergy Drugs Advisory Committee (PADAC)**

I'm Sung Poblete, CEO of Food Allergy Research & Education – or FARE – and I'm honored to add my voice in support of the approval for a needle-free epinephrine option.

Today, I'm speaking in several capacities. I'm representing FARE and more than 32 million Americans with life-threatening food allergies. And I'm also here on a personal note as a registered nurse and a food allergy sufferer myself. I know firsthand the risks and challenges that food allergy sufferers face on a daily basis and how critical it is to someone suffering an anaphylactic reaction to receive epinephrine in a safe, timely, and appropriate manner.

Every second counts in an anaphylactic emergency; and that's why a new and easy-to-use epinephrine delivery system is so important – for me and all of us who live with the fear of ingesting a potentially lethal food allergy substance.

Fear, access, options and innovation play pivotal roles in epinephrine delivery methods. In fact you may not realize how important needle-free options are in real life to the people using epinephrine in an emergency.

FEAR IS REAL. Children especially have a fear of needles in general while parents and loved ones experience fear over improper administration of epinephrine or potentially “hurting” the very person they're attempting to help. There's also a fear that the dosage of epinephrine might not be correct or there could even be confusion over where to inject the person suffering a reaction.

We all know that fear can be immobilizing. But in the case of an anaphylactic reaction, time is of the essence for administering aid. In fact, we saw in one survey of epinephrine auto-injector users, that half of the adults and 30 percent of the children reported not having used epinephrine during at least one severe allergic reaction, in part because of fear of needles.

And if you're afraid to use epinephrine first and fast, your risk of death **increases**. It's that simple.

One closing thought: the nasal epinephrine spray you're considering today is a LIFE CHANGER.

- It's the first of what I hope will be many new needle-free delivery systems for epinephrine that highlight innovation in the food allergy and anaphylaxis space.
- It's an alternative to needles that takes the fear out of using a life-saving medication.
- It's a delivery system that allows a patient to use epinephrine more readily and promotes more consistent use.
- And, it's a SIGNIFICANT step forward in providing options and hope for those whose lives depend on epinephrine.

I appreciate your attention today and on behalf of all of us who live with life-threatening food allergies, I strongly support your positive consideration of this nasal epinephrine spray.

Thank you.