



# CAP 2022 REPORT

FARE Community Access Program



**FARE**





## COMMUNITY ACCESS PROGRAM (CAP)

With a presence in Newark, NJ, Washington, DC, and Chicago, IL, FARE's Community Access Program (CAP) seeks to deliver education resources and interventions in the community setting to support food allergy prevention, management, and treatment among underserved and under-resourced populations. Each CAP project is guided by volunteer advisory councils of local parents, patients, health professionals, and community stakeholders.

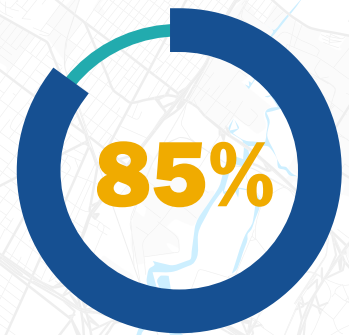
Number of education events held  
in CAP communities in 2022:

**22**



In the survey FARE administered in the South Ward, we learned that 70% of families managing food allergy had used a food bank, and more than a quarter of families reported difficulty obtaining safe food due to the cost of the food. This indicates the critical need for food allergy education in our community, and the need to ensure that allergy-friendly foods are available and accessible for residents of all income levels.

- Justine Asante, Director of Partnership Operations, South Ward Promise Neighborhood



**Percent of workshop attendees who “strongly agree” that they learned something new**

## NEWARK, NJ




In 2021, FARE launched the pilot of CAP in the South Ward of Newark, NJ, a medically underserved and socioeconomically diverse community of 21,000 residents—91% of whom are Black and 56% of whom are children living in poverty. More than 20% of households in the South Ward report at least one food allergy. A community health needs assessment showed that accessing life-saving epinephrine, acquiring safe food, and managing food allergy anxiety are top concerns.

To address these issues, one virtual and four in-person workshops were held in partnership with community and health organizations in 2022. Additionally, a back-to-school campaign featuring posters, books and other resources reached more than 10,000 students and staff at 33 schools and early care centers in the South Ward.

FARE is one of South Ward Promise Neighborhood’s 30+ partners in a multi-year U.S. Department of Education Promise Neighborhood grant.





**“When it comes to chronic diseases, there’s an assumption that everyone has the same level of education about what they’re going through. People end up stigmatized because of what they don’t know, or they feel afraid to ask questions. This project is a chance to meet people without judgement, to give them an opportunity to ask specific questions about their food allergies and get them the information and access to health care that can transform their lives.”**

– Matt Siemer, Executive Director, Mobile Care Chicago



## CHICAGO, IL

Established in 2022, CAP’s Chicago project brings food allergy education and care to Chicago’s Ward 15, which is made up of majority Black and Latino neighborhoods. In collaboration with Mobile Care Chicago and FARE Clinical Network centers within the Midwest Allergy Research Initiative, including The University of Chicago, Lurie Children’s Hospital, and the University of Illinois Chicago, CAP provides hyper-local access to clinical services. In 2022, 17 in-person or virtual workshops took place.

In addition, Chicago infants served by CAP are being recruited into the SEED multi-allergen early introduction study, which holds the potential for life-changing impacts by lowering the participants’ allergy risks for multiple foods. FARE is also working with Free From Market to provide 40 families with free access to allergen-friendly foods.



**85%**

**Percent of workshop attendees who “strongly agree” they feel more confident managing food allergy**



## Health equity highlights

- Black and multiracial children are more likely to have food allergy, asthma, eczema, and seasonal allergies.<sup>(1)</sup>
- Black children are two to three times more likely to have a fatal allergic reaction.<sup>(2)</sup>

## WASHINGTON, DC

In Washington, DC, FARE's work is funded by a Patient-Centered Outcomes Research Institute (PCORI), Eugene Washington PCORI Engagement Award (EA #22900) and focuses on identifying barriers to research participation by Black patients, who account for less than three percent of food allergy research participants. Preliminary survey data taken primarily in the majority Black communities of the city's Wards 7 and 8 tell us that distance to a study site, having a clear understanding of the study's purpose and expectations, and whether the doctor speaks to them about the study are the most important factors to patients considering research engagement.

In 2023, the Washington, DC, program will expand to offer education workshops and resources for the community, replicating what is being done in Newark and Chicago.

Additional support is needed to expand CAP into communities in need across the country. If you would like to learn more about how you can support CAP, email [education@foodallergy.org](mailto:education@foodallergy.org).

1. Ruchi S. Gupta, Christopher M. Warren, Bridget M. Smith, Jesse A. Blumenstock, Jialing Jiang, Mathew M. Davis, Kari C. Nadeau. Pediatrics Dec 2018, 142 (6) e20181235; DOI: 10.1542/peds.2018-1235.

2. Mahdavinia M, Fox SR, Smith BM, James C, Palmisano EL, Mohammed A, Zahid Z, Assaad AH, Tobin MC, Gupta RS. Racial Differences in Food Allergy Phenotype and Health Care Utilization among US Children. J Allergy Clin Immunol Pract. 2017 Mar-Apr;5(2):352-357.e1. doi: 10.1016/j.jaip.2016.10.006. Epub 2016 Nov 23. PMID: 27888035; PMCID: PMC8215518.



# NATIONAL CAP DATA HIGHLIGHTS

2021 FARE survey insights from nearly  
6,000 patients/caregivers (majority  
non-white, low income):



**11%**

Have access  
to epinephrine  
within 5 mins  
compared to  
51% nationally



**45%**

Do not agree  
that they are  
safe at school/  
work



**25%**

Parents  
experiencing  
anxiety due to  
their child's  
food allergy



**75%**

Used a food  
bank in the  
last month

**6**

Number of  
presentations on this  
data at academic  
conferences  
completed or  
accepted





## CAP PARTNERS AND COLLABORATORS

Partnership is at the heart of CAP. We are committed to building relationships, shared understanding, and collective focus to make lasting progress in the areas of food allergy awareness, education, and care. We are proud to have worked with these individuals and organizations to date:

### NATIONAL

- Catalyst Missions Group

### CHICAGO, IL

- Ann & Robert H. Lurie Children's Hospital of Chicago
- Back of the Yards Public Library
- Brighton Park Neighborhood Council
- Center for Food Allergy and Asthma Research
- Chicago Commons
- Chicago Public Schools
- Englewood Community Kitchens – Primo Center
- Free From Market
- Greater Chicago Food Depository
- Metropolitan Family Services
- Mobile Care Chicago
- Rush University
- Teamwork Englewood
- University of Chicago Medicine
- University of Illinois at Chicago

### NEWARK, NJ

- Clinton Hill Community Action
- Clinton Hill Community & Early Childhood Center
- Greater Newark Health Care Coalition
- Newark Beth Israel Medical Center
- South Ward Promise Neighborhood
- United Way of Greater Newark
- Weequahic Family Success Center

### WASHINGTON, DC

- AllergyStrong
- Capital Area Food Bank
- Children's National Medical Center
- Health Alliance Network
- Office of the State Superintendent of Education (OSSE)

## COMMUNITY ADVISORY GROUP MEMBERS

### CHICAGO, IL

- Scott Ahlstrom Jr., PA-C, Kenilworth Medical Associates, SC
- Christina Ciaccio, MD, University of Chicago
- Ruchi Gupta, MD, Center for Food Allergy and Asthma Research
- Andrea Pappalardo, MD, University of Illinois at Chicago
- Vikki Rompala, Chicago Commons
- Matt Siemer, Mobile Care Chicago
- Kamari Thompson, Mobile Care Chicago

### NEWARK, NJ

- Justine Asante, South Ward Promise Neighborhood
- Dameerah Mincy, Parent
- Adaobi Ndupu, United Way, Newark
- Tiffany Thomas, Parent

### WASHINGTON, DC

- Nandi Barton, Parent
- Karen Belton, Catalyst Missions Group
- Austin Chikwendu, DC Region Capital Area Food Bank
- Rev. Kendrick E. Curry, Pennsylvania Ave. Baptist Church
- Brett Fox, Food Allergy Support Group of Northern Virginia
- Qiana Hooker, Parent
- Ambrose Lane Jr., Health Alliance Network
- Erin Malawer, AllergyStrong
- James Olson, Catalyst Missions Group

## CAP FUNDERS

- Genentech, a member of the Roche Group
- Levin Family
- Patient-Centered Outcomes Research Institute (PCORI), Eugene Washington PCORI Engagement Award (EA #22900)
- Sacks Family
- South Ward Promise Neighborhood





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## CONTACT

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