FOOD ALLERGIES IN THE U.S.

15 MILLION Americans have food allergy, a serious medical condition.

People can be allergic to any food, but there are 8 FOODS THAT CAUSE THE MOST REACTIONS.

- Milk
- Eggs
- Peanut
- Tree Nuts
- Soy
- Wheat
- Fish
- Shellfish

Reactions can range from a mild response to anaphylaxis, a severe and potentially deadly reaction. Every 3 minutes a food allergy reaction sends someone to the ER.

The disease is becoming more common, with childhood prevalence up 50% between 1997 and 2011.

It now affects 1 IN 13 children.

There is no cure for food allergy, but scientists are working to find treatments to prevent life-threatening reactions.

You can help make the world a safer place for those with food allergies.

FARE Food Allergy Research & Education

Get involved at foodallergy.org