



FARE

Food Allergy Research & Education

Food Allergy Awareness Coloring Activity Instructions

1. Print bookmarks and cut at dotted line
2. Students can color their own bookmarks using crayons, markers or colored pencils
3. Ask students to color the ribbons that the kids are wearing using teal in honor of food allergy awareness
4. Use this time as an opportunity to share a few facts about food allergies, such as:
 - a. There are 5.9 million kids in the U.S. living with a food allergy. That's one in every 13 kids, or about two kids in every classroom.
 - b. If all of the kids with a food allergy lived in one state, it would be the 19th largest state (by population) in the U.S.
 - c. If you learn that a friend has a food allergy, take it very seriously. That means not joking around about it, or teasing kids who have food allergies. And never try to trick someone into eating food they're allergic to!
 - d. There are many educational resources on our website, www.foodallergy.org, that you can use to help students learn more about food allergies, such as our Be a PAL: Protect A Life™ From Food Allergies peer education program.
5. Have fun!

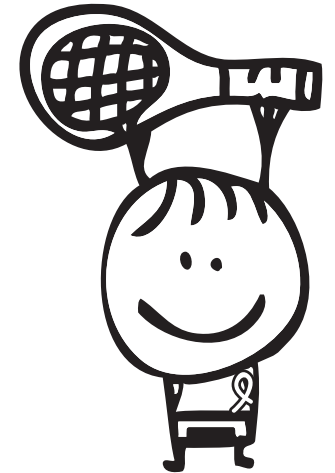
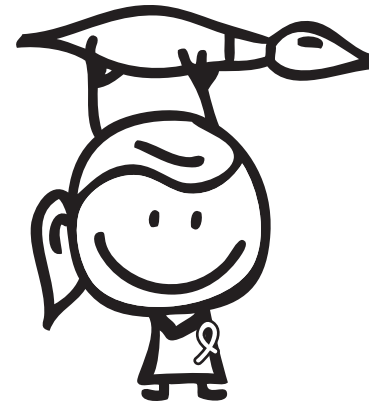
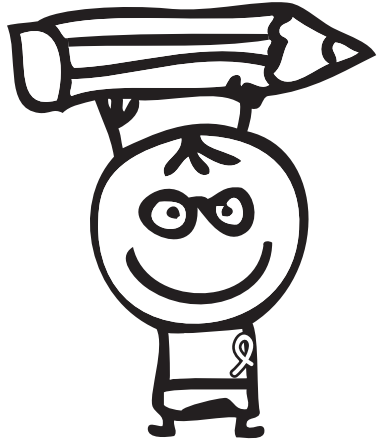
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