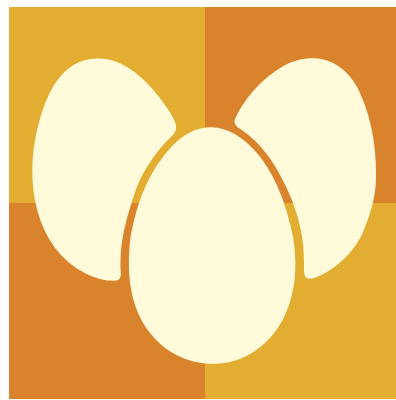


THE TOP 9 ALLERGENS

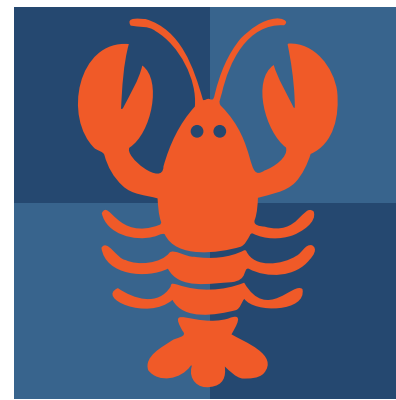
Although nearly any food can trigger an allergic reaction, in the U.S. there are 9 foods that cause the majority of reactions.



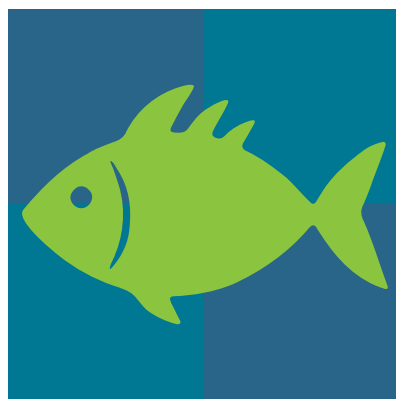
Milk



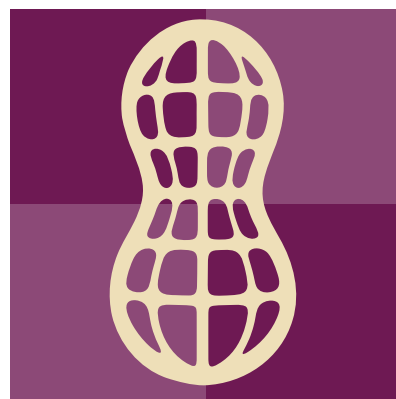
Eggs



Shellfish



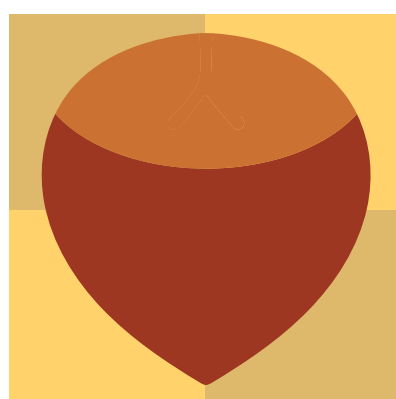
Fish



Peanuts



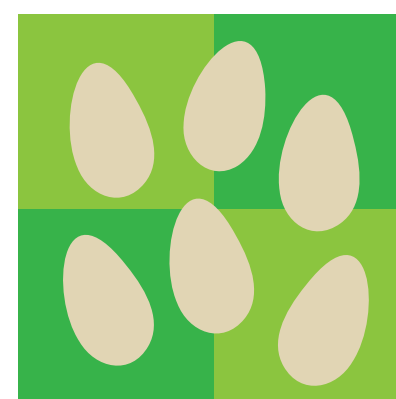
Wheat



Tree Nuts



Soy



Sesame



FARE
FoodAllergy.org

