

SAFE or NOT SAFE



Description

A visual sorting activity that helps young children recognize which behaviors are safe and which are unsafe for children with food allergies. The board is divided into two columns labeled **“SAFE!”** and **“NOT SAFE!”**, with common school or lunch-related actions listed underneath.

Instructions

1. Read the question at the top of the board: “Which of these actions are safe?”
2. Review each action card.
3. Sort the cards by placing or pointing to the correct side of the board:
 - a. Left side: Safe
 - b. Right side: Not Safe
4. Once all actions are sorted, review each one and explain why it belongs in that category.

SAFE or NOT SAFE



NAME: _____

Read each sentence. At the end of each sentence, circle **SAFE** or **NOT SAFE** to indicate which actions keep friends with food allergies safe.

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|---|-------------|-----------------|
| 1. Washing hands after lunch | SAFE | NOT SAFE |
| 2. Touching someone else's food | SAFE | NOT SAFE |
| 3. Washing hands before playing with shared toys | SAFE | NOT SAFE |
| 4. Throwing food at the lunch table | SAFE | NOT SAFE |
| 5. Using wipes to clean a desk after eating | SAFE | NOT SAFE |
| 6. Sharing your drink with someone | SAFE | NOT SAFE |
| 7. Listening when a friend says, "I can't eat that" | SAFE | NOT SAFE |
| 8. Daring someone to eat food | SAFE | NOT SAFE |
| 9. Swapping snacks at lunch | SAFE | NOT SAFE |

FNI Games Answer Key

Safe vs Not Safe

1. Washing hands after lunch — SAFE
2. Touching someone else's food — NOT SAFE
3. Washing hands before playing with shared toys — SAFE
4. Throwing food at the lunch table — NOT SAFE
5. Using wipes to clean a desk after eating — SAFE
6. Sharing your drink with someone — NOT SAFE
7. Listening when a friend says, "I can't eat that" — SAFE
8. Daring someone to eat food — NOT SAFE
9. Swapping snacks at lunch — NOT SAFE