## **FOOD ALLERGIES React with Respect**



Food allergies can cause severe, even fatal reactions. Teens are at the highest risk for fatal reactions.

If someone tells you they have a food allergy, you should react with respect.

## What Can You Do to Help?

Never tease or harass someone who has allergies.

**Be supportive** and respect others' needs.

**Get help right** away in case of emergency.



©2016, Food Allergy Research & Education (FARE)

Learn more at foodallergy.org

## **FOOD ALLERGIES React with Respect**



Food allergies can cause severe, even fatal reactions. Teens are at the highest risk for fatal reactions.

If someone tells you they have a food allergy, you should react with respect.

## What Can You Do to Help?

Never tease or harass someone who has allergies.

**Be supportive** and respect others' needs.

**Get help right** away in case of emergency.





©2016, Food Allergy Research & Education (FARE)

Learn more at foodallergy.org