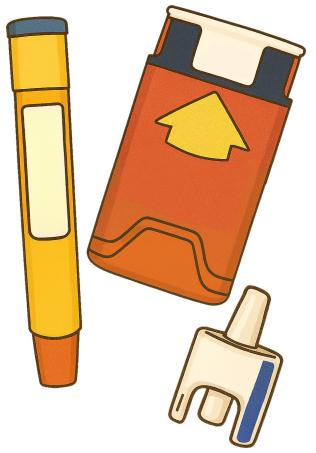
How to TREAT a Food Allergy REACTION

IFYOU HAVE itchy or runny nose, itchy mouth, hives, nausea, wheezing, trouble breathing or swallowing, swelling of the tongue or lips, vomiting or diarrhea, or feel faint after you eat, IT COULD BE AN ALLERGIC REACTION.

DON'T WAIT. GET HELP!



You may need a dose of **EPINEPHRINE**. (pronounced ep-eh-neh-frin)

It is **SAFE** and is the **ONLY** medication



that can help stop a severe allergic reaction.





Looking to learn more about administering epinephrine? Visit our Food Allergy Academy for a free training, "Save a Life: Recognizing and Responding to Anaphylaxis"