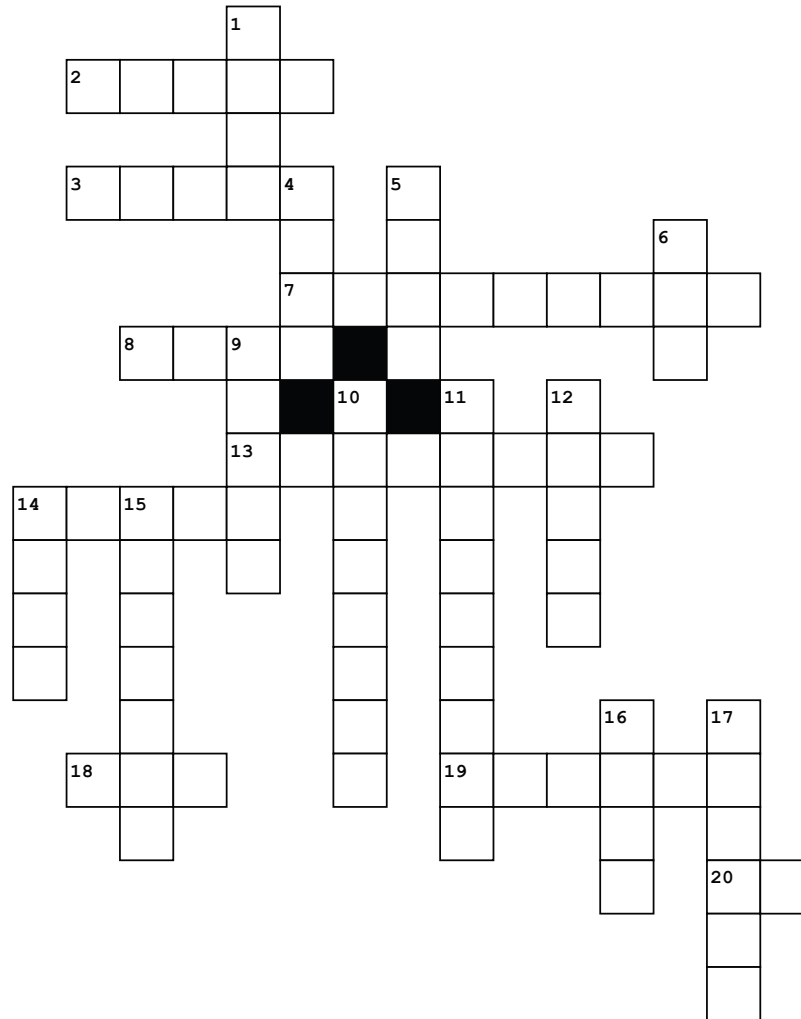


# FOOD ALLERGY CROSSWORD

NAME: \_\_\_\_\_



## Across

2. A grain found in bread and pasta
3. Itchy red bumps from an allergic reaction
7. Type of doctor who treats people with food allergies
8. What you should ask for if a friend with food allergy feels or looks sick
13. Celebration that often includes treats that may be unsafe for people with food allergies
14. Something you shouldn't do with your food if a friend has food allergies
18. Found in many baked goods and mayonnaise
19. Commonly found in sushi restaurants
20. What a friend with allergies might say when offered a food they can't have

## Down

1. A word for food that is okay to eat
4. Used with water to clean hands after meals
5. A drink that many people are allergic to, also found in cheese and butter
6. What to do if you're not sure if a snack is safe
9. What you read to check if a food is safe
10. Includes almonds, cashews, and walnuts
11. Includes shrimp and lobster
12. We use these to eat and play, so wash them often
14. How someone might feel after eating the wrong food
15. When someone's body reacts to certain foods, they have an \_\_\_\_\_
16. What you do with hands after eating
17. \_\_\_\_\_butter sandwich

## **Crossword Answers**

Across:

2. Wheat

3. Hives

7. Allergist

8. Help

13. Birthday

14. Share

18. Egg

19. Sesame

20. No

Down:

1. Safe

4. Soap

5. Milk

6. Ask

9. Label

10. Tree Nuts

11. Shellfish

12. Hands

14. Sick

15. Allergy

16. Wash

17. Peanut