FOOD ALLERGIES
React with Respect

Some kids can get very sick when they eat certain foods. This is called a food allergy. If someone tells you they have a food allergy, you should react with respect.

How do you respect food allergies?

Know that food allergies are very serious
Wash your hands after eating
Don’t share your food with friends who have allergies
Get help right away if a friend gets sick
Show kindness

Learn more at foodallergy.org
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