

# The Impact of Food Allergy in the South Ward, Newark, NJ

In 2024, FARE (Food Allergy Research & Education) distributed a survey to households managing food allergy in the South Ward, Newark, NJ. The key challenges and issues identified are highlighted below.

## Who we heard from

**229**  
Participants

**12%**

Parent/caregiver of child with food allergy

**3%**

Parent/caregiver of adult with food allergy

**96%**

Adult with food allergy

## Highest reported race/ethnicity



**6%**

White

**82%**

Black

**10%**

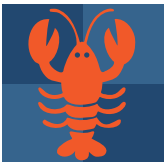
Latino/ Hispanic

## Household income below poverty line

**26%**

## Most common allergens

Shellfish



Cow's milk



Peanut



## Top three concerns

**1**

Cost of epinephrine

**2**

Accidentally eating the allergen

**3**

Lack of access to epinephrine and healthcare providers

## Related conditions



**25%**

Have asthma

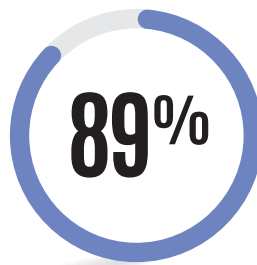
**28%**

Have eczema

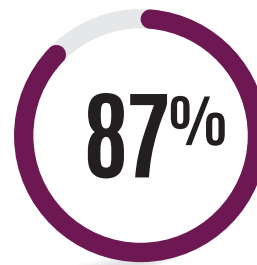
Learn about how the FARE Neighborhoods Initiative is making a difference in these communities at [foodallergy.org/fni](https://foodallergy.org/fni).

Connect with the FARE Neighborhoods Initiative team at [healthequity@foodallergy.org](mailto:healthequity@foodallergy.org).

## Epinephrine access



Received a prescription

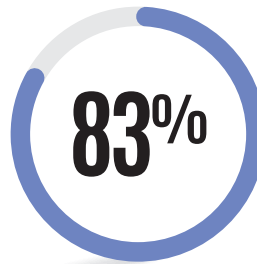


Filled the prescription they received



Had access to unexpired epinephrine within 5 minutes all or most of the time

## Medical care



Diagnosed by an allergist

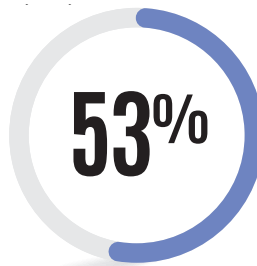


Visited an allergist in previous 12 months



Visited an emergency department/urgent care center at least once in the previous 12 months due to food allergy

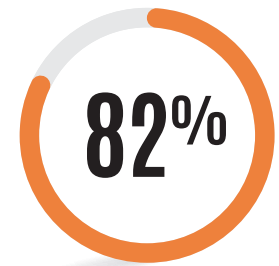
## Food insecurity



Had difficulty obtaining allergy-safe food due to availability in the community

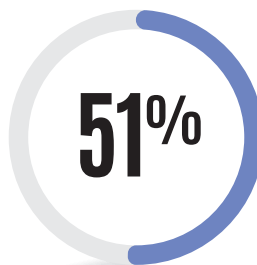


Worried that food would run out before there was money to buy more

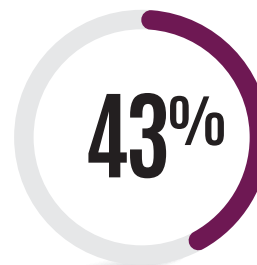


Visited a food bank in previous 12 months

## Anxiety



Parents/caregivers who reported anxiety due to their child's food allergy



Children who reported anxiety due to their food allergy



Adults who reported anxiety due to their food allergy

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