How To TREAT a Food Allergy REACTION

IF YOU HAVE itchy or runny nose, itchy mouth, hives, nausea, wheezing, trouble breathing or swallowing, swelling of the tongue or lips, vomiting or diarrhea, or feel faint after you eat, IT COULD BE AN ALLERGIC REACTION.

DON’T WAIT. GET HELP!

You may need a shot of EPINEPHRINE.
(pronounced ep-eh-neh-frin)

It is SAFE and is the ONLY medication that can help stop a severe allergic reaction.

CALL 911