



12 million Americans know Food allergy doesn't discriminate

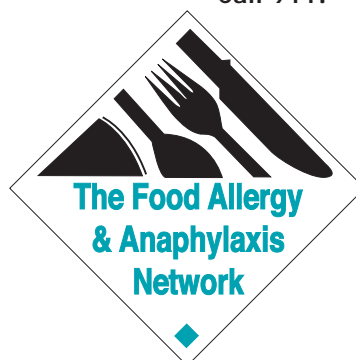
Food allergy can affect anyone, regardless of age, race, or gender and is the most common cause of severe allergic reactions treated in emergency rooms.

If you've ever had a bad reaction after eating—or even think you're allergic to food—talk with your doctor today. Symptoms of an allergic reaction to food include:

- Swelling of the throat, tongue, lips, eyes, face
- Hives, eczema, itchy red rash
- Vomiting, diarrhea, abdominal cramps
- Wheezing, shortness of breath, repetitive coughing, trouble swallowing
- Paleness, drop in blood pressure, loss of consciousness

If you or someone nearby experiences any symptoms right after eating, **ACT FAST**:

- Administer self-injectable epinephrine.
- Call 911!



For more information:
www.foodallergy.org
(800) 929-4040