



## School Food Allergy Skit

Use this script to perform and record a skit about food allergies to educate your school during Food Allergy Awareness Week. All you need is a video camera, a few friends, your school nurse, a teacher, a school counselor, a microphone (which can be just a prop) and the permission of your school to record. Lights, camera, action!

<b>News Anchor</b>	News alert...TV anchor [INSERT NAME] coming to you live from [INSERT NAME OF SCHOOL]. I'm here to talk to students about food allergies, and find out how their school is participating in Food Allergy Awareness Week, which is May 9-15, 2010.
<b>News Anchor</b> (talking to student in hallway putting up a FA poster)	How is [INSERT NAME OF SCHOOL] providing awareness during Food Allergy Awareness Week?
<b>Student</b>	[Allow student to answer how their school is participating. For example, by putting up posters or organizing a fundraising effort to support FA education and research.]
<b>News Anchor</b> (talking to a student)	What are the top 8 food allergies in the United States?
<b>Student</b>	Milk, eggs, wheat, fish, shellfish, soy, tree nuts (such as almonds, walnuts, and pecans, for example), and peanuts
<b>News Anchor</b> (talking to a student)	And about how many Americans suffer from food allergies?
<b>Student</b>	Over 12 million – that's about 1 out of 25 people!
<b>News Anchor</b> (talking to school counselor in their office)	Do you have a tip for students who <i>DON'T</i> suffer from food allergies?
<b>School Counselor</b>	Food allergies are no joke, they can be life-threatening! Don't tease or make fun of classmates about their food allergies, don't share food, and don't encourage them or try to trick them into eating something they shouldn't.
<b>News Anchor</b> (talking to school nurse)	Is there a cure for food allergies?
<b>School Nurse</b>	Currently, there is no cure food allergies. Avoiding the allergy-causing food is the only way to prevent a reaction.
<b>News Anchor</b> (talking to a teacher at her white/chalk board writing)	What can we do to help?
<b>Teacher</b>	If someone who has food allergies becomes ill, get help immediately! Don't let them go off

	alone to the restroom or to the nurse. We have a plan in place to treat allergic reactions, and part of that plan includes calling 911 for medical help.
<b>News Anchor</b>	No one knows exactly why more kids are becoming severely allergic to certain foods. That's why they need all of us to help keep them safe. For more information contact the Food Allergy & Anaphylaxis Network (better known as FAAN) at (800) 929-4040 or visit <a href="http://www.foodallergy.org">www.foodallergy.org</a> .

We would love to see how the videos turn out. Feel free to post it on YouTube (with parental permission from all those who participated in the video) and send a link of your skit to [faan@foodallergy.org](mailto:faan@foodallergy.org)

Special thanks to the Gordin family of Henderson, Nev. for sharing this skit!