

Magaca Ardeyga: \_\_\_\_\_ T.U.D: \_\_\_\_\_ Macalinka: \_\_\_\_\_

Waxaay xasaasiya u tahay: \_\_\_\_\_

Neef qaba haa\*  maya  \*jawaab celin daran oo khatarteeda sareysoIlmaha sawirkiisa  
Ku dheji  
halkan

## ◆ QEYBTA 1aad: DAAWEYNTA ◆

<u>Astaamaha cudurka:</u>	<u>Ka sax ama ka'eeg daaweynta**:</u>
	** (waxaa go'aamiyay dhaktarka ogolaasha daaweynta)
▪ Hadii qofka cuntada uu qaatay, laakin wax astaan cudur uu lehayn:	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Afka cun-cun, jiriirico, ama barar bishimaha ah, carabka, afka	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Jirka jir cun-cun, firiirico cun-cun leh, weji barar ama xagjirnimo	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Xiidan lallabo, calol kujirtaa oo soo kacda, matag, shuban	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Dhunta † dhunta oo adkaato, xabebsanan, qufac ama hargab hii-hiile ah	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Sanbabka † naqaska oo kugu yaraada, qufac soo noqnoqda, hinraagid	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Wadnaha † daciifnimo ama wad garaac, hoosudhac dhiigkarka ah, suuxdin, midab aan dhalaalayn, blug noqosha	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Kuwa kale † _____	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada
▪ Hadii jawaabcelinta ay sii kordayso (mela badan oo kor ku sheegan bukto), sheeg:	<input type="checkbox"/> Epinephrine <input type="checkbox"/> did ku ah xasaasiyada

†handadaada nafda. Darnaasha astaamaha cudurka si dhaqsiah ayay isku bedelikaraan.

**QIYAASTA DAAWADA LAGA QAADAKARO:****Epinephrine:** cirbada xubnaha (wareega koowaad) EpiPen® EpiPen® Jr. Twinject® 0.3 mg Twinject® 0.15 mg (arag tilmaan-bixinta xaga dambe)**Didka xasaasiyada:** sheeg \_\_\_\_\_  
daaweyta/qiimaha daawada laga qaan karo/qaabka**Mid kale:** sheeg \_\_\_\_\_  
daaweyta/qiimaha daawada laga qaan karo/qaabka**MUHINAH:** Cudurka neefta neefgurayaasha /ama didka xasaasiyada ma'aha mid ku tiirsan in lagu bedeli karo epinephrine dhexda anaphylaxis.

## ◆ QEYBTI 2 aad: WICITAANKA DEG DEGA AH ◆

1. Wac 911 (ama Tacaal Koox: \_\_\_\_\_). Hadii la daaweyay jawaab celinta xasaasiyada, waxaa loo baahankaraa epinephrine siyaada ah.

2. Daktarka \_\_\_\_\_ Lambarka Taleefoonka \_\_\_\_\_

3. Waalidka \_\_\_\_\_ Lambarka Taleefoonka \_\_\_\_\_

4. Xarirka deg dega ah: Magaca/Calaaqada \_\_\_\_\_ Lambarka Taleefoonka \_\_\_\_\_

a. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

b. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

**XATAA HADII WAALIDKA/MASUULKA LAWAAYO, HAKA SHAKININ INAAD DAAWEYSID ILMAHA AMA AAD GEYSID XARUUN CAAFIMAD!**

Saxiixa waalidka /masuulka \_\_\_\_\_ Taarikhda \_\_\_\_\_

Saxiixa daktarka \_\_\_\_\_ Taarikhda \_\_\_\_\_

(waa loobaahanyahay)

## XUBNAHA SHAQAALAHA EE TABABARAN

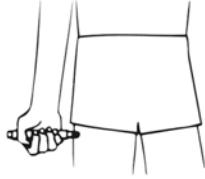
- |          |             |
|----------|-------------|
| 1. _____ | Qolka _____ |
| 2. _____ | Qolka _____ |
| 3. _____ | Qolka _____ |

### EpiPen® iyo EpiPen® Jr. Jihooyinka

- Soojiid furka midibka ciirada leh.

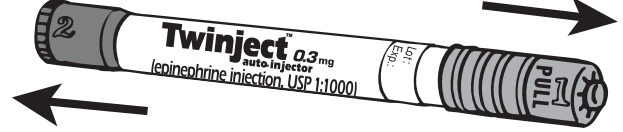


- Gadaal u qabo meesha u dhow caarada sare (markastsba ismari ilaa bowdada).



- Daqdaqaaji oo si xoogleh agu mud xaga dibada sare ilaa qalabka qalinka la isku duro ka uu shaqeeyo. Qabo heesha oo tiri ilaa 10. Tirtir EpiPen® unit ka oo daliig mesha cirbada lagu muday ilaa 10 mirir.

### Twinject® 0.3 mg iyo Twinject® 0.15 mg Jihooyinka



- Ka bixi furarka kuqoran “1” iyo “2.”
- Kasoo horjeedi caarada wareegsan xagasare, hoos u riix si xoogan haay ilaa ay cirbada ka gasho ka saar 10 mirir kadib.



### MAAREYNTA QAADASHADA LABAAD:

Hadii astaamaha cudurka uu san ka sooreynin 10 daqiiqo kadib, gudagal qaadashada labaad:

- Kafur caarada wareegsan. ka soo jiid saliinge xaga dhunta adiga oo haya collarka bluuga mesha cirbada.
- Dhaqaaq gare kuul ka jaalaha ah irbad.
- Geli cirbada xaga kore ee jirka, hoos u riix irbad kadhnac kastaba, oo ka saar.



**Hal mar EpiPen® ama Twinject® waxaa loo isticmaala, wac Tacaal Koox. U qaado qeybta la isticmaalay qolka xaalada deg dega ah. Qorshee inaad joogtid qolka xaalada deg dega ah si aad u eegto ogu yaraan 4 saacadod.**

**Caruurta labo cunto xasaasiyad ka qaba, ogow waa inaad u sameysid qorshooyin u gaar ah iyo cunooyin ka duwaan.**

*\*Sixitaan daaweynta waa laga soo sameyay fomka qeybta waaxda daaweynta deg dega waa cusbooneyay skoolka caafimaadka ee Mount Sinai. Waxaa lala ageegsanaya ogolaasho.*

