

Food Allergy Awareness Week

Take Action, Prevent Reactions

May 10-16, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
Practice	Press	Legislators	School	Fundraising	Give Thanks	Stay in Touch
Practice or create a Food Allergy Action Plan with family and friends. It's important to always be prepared!	Contact your local newspapers and television stations . Share FAAN's media release about FAAW, and share your personal experience with food allergies. They may just write a story about you.	Make a phone call, write a letter, send an e-mail, or go visit your legislator . Educating legislators about food allergies is a great way to gain their support.	Read a book from the <i>Alexander, the Elephant Who Couldn't Eat Peanuts</i> book series to a class or group of children. Give a presentation to a local school or to a club, team, or organization to educate others about food allergy.	Have a fundraiser for food allergies, such as Food Allergy PAL™ Day or Jeans for Food Allergies!	Give out PAL Hero Awards , to those who help manage food allergies. Don't forget siblings , they deserve a special thanks, too.	Join the "Food Allergy and Anaphylaxis Network" Facebook group , where you can share FAAW activities, photos, and videos. Also, send photos and stories to faan@foodallergy.org
<p>Visit FAAN's website, www.foodallergy.org, to download FAAW resources for these activities. You will also find Web exclusive materials including the "FAANPAL" YouTube channel and messages from celebrities.</p>						



In 1997, the Food Allergy & Anaphylaxis Network (FAAN) created **Food Allergy Awareness Week** to educate others about food allergies. Approximately 12 million Americans have food allergy. In the U.S., food allergy reactions result in 50,000 emergency room visits and 150 deaths each year. Thank you for your support.